

## "CASCARETS" ACT ON LIVER; BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box.

Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the body.

A Cascaret tonight will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Pensions for the Blind.

Official figures show that in Missouri the state constitutional amendment providing pensions for the blind was adopted at the autumn election by a plurality of 42,749.

The pure bean cheese of the Orient is made solely from prepared casein curd.

## A FRIEND'S ADVICE

### Woman Saved From a Serious Surgical Operation.

Louisville, Ky.—"For four years I suffered from female troubles, headaches, and nervousness. I could not sleep, had no appetite and it hurt me to walk. If I tried to do any work, I would have to lie down before it was finished. The doctors said I would have to be operated on and I simply broke down. A friend advised me to try Lydia E. Pinkham's Vegetable Compound, and the result is I feel like a new woman. I am well and strong, do all my own house work and have an eight pound baby girl. I know Lydia E. Pinkham's Vegetable Compound saved me from an operation which every woman dreads." —Mrs. NELLIE FISCHER, 1521 Christy Ave., Louisville, Ky.

Everyone naturally dreads the surgeon's knife. Sometimes nothing else will do, but many times Lydia E. Pinkham's Vegetable Compound has saved the patient and made an operation unnecessary.

If you have any symptom about which you would like to know, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free.

### Mother Gray's Powders Benefit Many Children

Thousands of Mothers have found MOTHER GRAY'S SWEET POWDERS an excellent remedy for children complaining of Headaches, Colds, Constipation, Feverishness, Stomach Troubles and Bowel Irregularities from which children suffer at this season. These powders are easy and pleasant to take and excellent results are accomplished by their use. Used by Mothers for 30 years. Sold by Druggists everywhere, 25 cents. Trial package FREE. Address THE MOTHER GRAY CO., Le Roy, N.Y.



## SEVEN YEARS AGO AND TO-DAY

## SUMS NEEDED FOR STATE INSTITUTIONS

Then He Had 6 Mules, \$660 Cash and Some Equity—Today He Has \$20,000 and Owns 2 Sections of Land.

The story of the wealth of Western Canada cannot be told too often; the truth will bear repeating. And in telling of it is hoped that advantage will be taken of the great opportunities that Western Canada offers by those who are today struggling for a mere existence, by those who are occupying lands, high in price and high in rentals.

From grain, live stock and dairying in 1916, there was a return from the three Prairie Provinces of \$25,000,000, or an increase of four million dollars over 1915, and 118 million dollars over 1914.

A prominent Trust Company says:

Some of our contract holders have paid off their purchase money on lands bought a year ago out of this year's crop, and what one man can do another can do.

Thousands of Southern Alberta farmers harvested an average of 40 to 50 bushels of No. 1 wheat to the acre. These farmers have more real money to spend than any other people on the American Continent.

J. Johnston of Gladsworth, Sask., left Johnson County, Kansas, seven years ago. When he left he had \$600 in cash, six mules, some settler's effects and an equity in some prairie land. Mr. Johnston tells his story:

"In my seven years' residence in Saskatchewan, I have raised seven good crops the value of this year's crop alone being Twenty thousand dollars. I now own two Sections of improved land, 17 horses and mules, 40 cattle, a large steam thresher and a full line of farm machinery."

We have made five trips to Kansas, one trip to the Pacific Coast and return. We have enjoyed the society of a class of people than whom none better can be found. The climate is healthful and invigorating. The soil is fertile and productive, well adapted for the production of the best quality and large yields of all cereals and vegetables, wild and tame grasses. It is an excellent stock country."

The question of taxes is one that carries with it considerable weight.

Coming from a man like Mr. Johnston the same weight should be given the answer. He says:

The tax system especially commends itself to me as being simple, reasonable and just. All direct taxes are levied on the land at its appraised market value, exclusive of improvements thereon. No tax on personal property. This tends to discourage the holding of lands by speculators who prevent its cultivation or improvement, hoping to realize profits from the enhanced value of their holdings due to the industrial activities of the bona fide settlers. It tends to encourage the settlers to rear substantial improvements upon their land without paying a penalty in the form of taxation therefor. It encourages the raising of live stock and the possession of other personal property necessary to the development of the country.

The laws are well and economically administered. Citizens of the Dominion vote on election of members of parliament and members of the Provincial assembly, while on questions of local improvements and school matters the franchise is exercised by rate-payers, irrespective of citizenship.

The people are enterprising, school facilities are good. Taxation is just and reasonable. Military service voluntary. Patriotic fervor unsurpassed, law and order the rule, and crime the rare exception. It is the land of banks, schools, telephones, grain elevators, broad, fertile acres, good climate, good citizenship and abounding in opportunities for the industrious man or woman of good morals. In short, the land of promise and fulfillment. I know of no better anywhere."

—Advertisement.

### The Color Scheme.

Mary Ann's mother was sewing, surrounded by pink gingham and blue gingham.

"What are you making, mother?" spoke Mary Ann.

"Bloomers, child, for you to play in," her mother said.

A few minutes later her mother heard Mary Ann on the front porch crying out to the neighbor's child, "My mother is making me some pinkers and some bloomers, to play in."

**THIS IS THE AGE OF YOUTH.**  
You will look ten years younger if you darken your ugly, grizzly, gray hairs by using "La Creole" Hair Dressing—Adv.

It's surprising how quickly a man recovers from what he imagined was a fatal attack of love.

### GOOD FOR HUNGRY CHILDREN

Children love Skinner's Macaroni and Spaghetti because of its delicious taste. It is good for them and you can give them all they want. It is a great builder of bone and muscle, and does not make them nervous and irritable like meat. The most economical and nutritious food known. Made from the finest Durum wheat. Write Skinner Mfg. Co., Omaha, Nebr., for beautiful cook book. It is sent free to mothers.—Adv.

New York city entertained 663 conventions in 1916.

What costs nothing is worth nothing.

CARRIES APPROXIMATELY \$1,645,000 FOR MAINTENANCE AND EXTENSION.

### EARNINGS ALSO TO BE USED

Amounts Set Aside Out of General Revenues Will Amply Provide for Helpless Orts in Imperial Commonwealth.

Jefferson City, Mo.

Chairman Jefferson D. Hostetter of the house appropriations committee has introduced in the house the general bill carrying money for the support, maintenance and improvement of the eleemosynary and penal institutions, except the penitentiary, for the biennial period of 1917-1918.

There is carried in the bill approximately \$1,645,000 out of the general revenue fund.

The amounts set aside for each of the institutions follow:

Hospital for Insane, Fulton, out of the general revenue fund, \$88,820.55, and out of the earnings of the institution, \$55,600. The revenue appropriation calls for the erection of one new building, a power house, to cost \$15,000.

St. Joseph Hospital for Insane—Revenue, \$117,000, and out of earnings \$60,000. The revenue appropriation calls for a new building fully equipped to cost \$56,000.

Nevada Hospital for Insane—Revenue, \$61,250, and earnings, \$60,000.

Farmington Hospital for Insane—Revenue, \$65,650, and earnings, \$35,000. A new laundry, to cost \$3,000, and dairy barns with sows and equipment, \$5,000 are included.

Colony for Feeble-Minded and Epileptic, at Marshall—Revenue, \$325,850 and earnings, \$100,000. A custodial building, with equipment to cost \$55,000 is provided for.

Industrial Home for Girls at Childs—Revenue, \$129,753.27, and out of earnings, \$100,000. The revenue appropriation includes a new hospital building with equipment to cost \$25,000.

Confederate Soldiers' Home at Higginsville—Revenue, \$31,750, and out of any special funds that may be paid into the institution the sum of \$15,000.

Federal Soldiers' Home at St. James—Revenue, \$3,450, and out of any special funds that may come to the institution the sum of \$60,000.

Missouri School for Blind, St. Louis—Revenue, \$102,600, and out of any moneys that may come to the institution from the special funds provided for by law, \$10,000.

School for Deaf at Fulton—Revenue, \$23,600, and out of the special funds provided by law, \$25,000. The only new building is a laundry building and equipment for same to cost \$5,000.

Missouri State Sanatorium at Mount Vernon—Revenue, \$178,000, and out of earnings, \$60,000.

Missouri Reformatory at Booneville—Revenue, \$113,790, and out of earnings, \$100,000.

Industrial Home for Incorrigible Negro Girls at Tipton—Revenue, \$12,505, and out of earnings, \$50,000.

The amounts set aside out of the earnings or special funds for each institution are conditioned, of course, upon the money being available, and then only so much as may be necessary for the institution.

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The results of Saturday's election in the Missouri senatorial for the selection of nine convict delegates who will constitute the committee of prisoners who will lay the ground work for the honor system in the institution, were announced by Warden Painter. The total vote was 2,250, about 400 failing to cast ballots.

The convicts elected six men convicted of murder, five of them serving life sentences, one convicted of burglary and two sentenced for forgery. Two are negroes, one of these being from St. Louis.

Following is the list of the delegates, where convicted, crime, length of sentence, and date of imprisonment.

Delegate at large, J. J. Flannigan, Cape Girardeau, forgery seven years from July 21, 1916.

Delegates from the four halls: Virginian ed., Jackson county, murderer from June 22, 1913.

M. J. Clark, St. Louis, forgery three years from December 29, 1915.

E. Smith, negro, St. Louis, burglary and arson, four years from March 24, 1915.

G. Kyles, negro, Livingstone, murderer from April 23, 1913.

Robert Sissman, Johnson, murderer from September 19, 1907.

E. Chapman, St. Louis, murderer from August 8, 1913.

J. J. Breymen, Jackson, murderer, life from November 11, 1915.

Vergil Jones, Mercer, murderer, life from November 11, 1914.

Senate Amenable.

The senate committee, which it is alleged two weeks ago had determined that little if any of the Gardner administration's legislative program should be passed, has changed its attitude of defiance toward the governor, and is now prepared to pass through the senate the governor's prison reform bill and one or two other measures.

The third angle of the fight comes in the support which Senator James A. Reed is giving to Knott.

A three-cornered fight is being waged over the job which John A. Knott now holds, as coal oil inspector.

Osage D. Gray, who managed Gov. Gardner's primary campaign, is said to have been placated by an offer of the coal oil inspector job. Hamp Rothwell was after the job, but was virtually turned down.

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### New Constitution on the Road.

The house has taken a long step towards getting a new state constitution for Missouri.

It sent to engrossment the constitutional convention bill calling an election on the question as to whether the people want a new constitution. If such an election were to be held, a new constitution, two delegates would be elected from each of 34 senatorial districts at a subsequent election.

These delegates would meet in convention at a session of probably three months, draft a new constitution and submit it to the voters at a third election.

The bill provides for the convention at the state capital and appropriates \$100,000 to defray the expenses of the convention.

Tax Religious Bequests.

A tax of 5 per cent upon all bequests to religious and educational institutions of Missouri is provided in an amendment to the general inheritance tax bill, an administration measure which was engrossed by the house.

The bill as originally drafted exempted educational and religious institutions.

This provision, it was figured, would yield a large amount of revenue annually. The measure as engrossed carried exemptions for widows to \$12,000 and for children to \$5,000.

Annexation Not to Pass.

The proposed law which would permit St. Louis to take in most of St. Louis county in order to retain its position as fourth city, is hardly expected to pass the legislature. The people have taken up the fight on the side because of the wide extension of St. Louis territory which would follow most of the affected area in dry under local option.

Wheat Damaged by Drouth.

The worst drouth since 1888 has caused great damage to Southwest Missouri's wheat crop, farmers say, and unless relief comes soon, it is feared the crop will be a failure. There has been little precipitation in that part of the state since last June.

Hydroelectric power plants were forced to close down several months ago and towns supplied by them had to revert to their old steam plants.

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